



February 2025

Read. Talk. Play. Sing. Create.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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On weekends, choose a favorite from the weekdays and do it again, or think of your own way to Read, Talk, Play, Sing, Create together.

Moonshot Families Lead the Way

1

YOU CHOOSE!

Share #MoonshotFamilies

2

YOU CHOOSE!

3

READ
a story about someone's life (biography, non-fiction)

4

TALK
with your child, taking turns and using complete sentences

5

PLAY
"Find This Color" naming colors of objects around you

6

SING
"This Little Light of Mine"

7

CREATE
paper hearts using white, red, or pink paper and scissors

8

YOU CHOOSE!

Share #MoonshotFamilies

9

YOU CHOOSE!

10

READ
a poem with rhyming words

11

TALK
about rhyming sounds and words

12

PLAY
jump up and down and count 10 jumps out loud

13

SING
your favorite song using a silly voice

14

CREATE
a decoration to put on the table for a family meal

15

YOU CHOOSE!

Share #MoonshotFamilies

16

YOU CHOOSE!

17

READ
a book about an animal

18

TALK
using questions and answers taking turns

19

PLAY
"Follow the Leader" outdoors with different movements

20

SING
a song you know with only "la la la" instead of the words

21

CREATE
a special cozy place in your home just for reading

22

YOU CHOOSE!

Share #MoonshotFamilies

23

YOU CHOOSE!

24

READ
words that start with the letters in your name

25

TALK
using words that start with letters in your name

26

PLAY
outdoors at your favorite playground or park

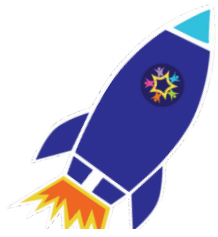
27

SING
"Five Little Monkeys Jumping on the Bed" while holding up your fingers

28

CREATE
"shadow puppets" using a lamp, a wall, and your hands

Visit www.TheLearningAlliance.org/Families for more fun activities.



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Read. Talk. Play. Sing. Create.

Read. Letters, words, picture books, signs, and labels can be found everywhere. Read with your child to build early learning skills.

Talk. Rhymes and conversations are building blocks of language learning.

Play. There are many ways to play - indoors, outdoors, with movement, games, and toys. Children and adults learn through play!

Sing. A parent's voice is their child's favorite sound. Sharing favorite songs is great for oral language development.

Create. At home, outdoors, and in the community, there are many ways to explore creativity - making, building, cooking, and more!



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SONG
WORDS



Making up songs about everyday activities, routines, and chores helps to make them more fun. Repeating new words and phrases in songs builds vocabulary and cognitive skills.

This Little Light of Mine

This little light of mine
I'm going to let it shine
Oh, this little light of mine
I'm going to let it shine
This little light of mine
I'm going to let it shine
Let it shine, all the time, let it shine

Use different tones of voice, pitch, and rhythm to help develop breath control and listening skills. Playful and "silly" voices are a fun way to practice skills needed for language and self-regulation.

Singing a song using a "la" sound instead of the words allows the voice to get stronger and brings attention to the tone, volume, pitch, and pace of a tune.



**Moonshot Families
Lead the Way
Scan QR code for**



[YouTube Video Playlist](#)



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