

January 2025

Read. Talk. Play. Sing. Create.

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



On weekends, choose a favorite from the weekdays and do it again, or think of your own way to Read, Talk, Play, Sing, Create together.

Moonshot Families Lead the Way

PLAY 1
a counting game with 10 spoons, showing on fingers how many spoons you count

SING 2
Open Shut Them, a song with hand gestures

CREATE 3
an outline of your hands and write the date on it to compare next year

YOU CHOOSE! 4
Share #MoonshotFamilies

YOU CHOOSE!

5 READ 6
the brand names you see on vehicles like cars, trucks, buses and bicycles

TALK 7
about the times of day when you follow routines like breakfast or bedtime

PLAY 8
with a scarf or towel, making it into a hat, cape, mask, flag, rug, etc.

SING 9
using a very soft voice (whisper) then a loud voice (shout)

CREATE 10
a paper plate "clock" with numbers 1-12 and two hands for hour and minute

YOU CHOOSE! 11
Share #MoonshotFamilies

YOU CHOOSE!

12 READ 13
a menu at a restaurant, drive thru, or online

TALK 14
about daily routines in nature like sunrise and sunset

PLAY 15
a sorting game with kitchen items or clothes, putting them together by type (cups, socks)

SING 16
along with the car radio when you're on the road

CREATE 17
a collection of outdoor objects like leaves, shells, or stones found on walks

YOU CHOOSE! 18
Share #MoonshotFamilies

YOU CHOOSE!

19 READ 20
the letters or words on an item found in the refrigerator or freezer

TALK 21
about favorite animals to have as pets and explain why you like them

PLAY 22
an outdoor game with fast, slow, high, and low body movements

SING 23
your favorite song from a movie or TV show

CREATE 24
a cardboard box "house" for stuffed animals or other toys

YOU CHOOSE! 25
Share #MoonshotFamilies

YOU CHOOSE!

26 READ 27
a picture book's title, author, and illustrator

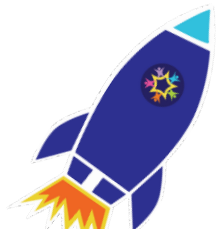
TALK 28
about daily tasks in your house, like making a bed or putting away toys

PLAY 29
a game of Animal Races: hop like a bunny or frog; waddle like a duck; and so on

SING 30
the months of the year

CREATE 31
a calendar for the rest of the year

Visit www.TheLearningAlliance.org/Families for more fun activities.



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Read. Talk. Play. Sing. Create.

Read. Letters, words, picture books, signs, and labels can be found everywhere. Read with your child to build early learning skills.

Talk. Rhymes and conversations are building blocks of language learning.

Play. There are many ways to play - indoors, outdoors, with movement, games, and toys. Children and adults learn through play!

Sing. A parent's voice is their child's favorite sound. Sharing favorite songs is great for oral language development.

Create. At home, outdoors, and in the community, there are many ways to explore creativity - making, building, cooking, and more!



S I N G

SONG WORD S



Open Shut Them

Open shut them, open shut them,
Clap a little clap, clap, clap.
Open shut them, open shut them,
Pat them in your lap, lap, lap.
Creep them, crawl them,
Creep them, crawl them
Move them to your chin, chin, chin.
Open wide your little mouth,
But do not let them in, in, in.

Showing a child how to moderate his or her voice's volume control also models self-control and demonstrates appropriate behavior.

Singing together in the car is a fun way to connect as a family.

Memorizing song words (lyrics) actively engages the memory and "playback" systems in the brain. This in turn engages neurons and receptors, which will further strengthen connections in the brain.



Moonshot Families Lead the Way Scan QR code for



[YouTube Video Playlist](#)



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